



**SAANICH LEGACY FOUNDATION**  
**Committee Room No. 2, Saanich Municipal Hall**  
**Tuesday, January 19, 2016, 4:45 pm**

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Present: Barb Klassen, Acting President & Treasurer in the Chair; Philip Bisset-Covaneiro, Vice President; Isobel Hoffmann, Recording Secretary; Claire Reynolds, Kodi Gibson, Directors. Fred Haynes, council Liaison; Paul McKivett, Past-President.

Guests: Jackie Powell, Cherry Lynn Brown & Jill Moores – Moms Like Us; Joel Conway, Fortress.

Minutes: **Moved by Kodi Gibson and Seconded by Philip Bisset-Covaneiro: “That the minutes of the meeting held December 15, 2015 be adopted as circulated.”**

**CARRIED**

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**PRESENTATIONS:**

■ **Moms Like Us: Jackie Powell, Cherry Lynn Brown, Jill Moores**

- A detailed package was presented, including many letters of support for government officials and agencies.  
[www.momslikeus.ca](http://www.momslikeus.ca)

A brief video highlighting the success of Club International in North America was viewed. There are 13 Clubhouses in Canada, including 3 in BC, Richmond, Port Alberni and Sechelt, and others in 33 countries throughout the world, with the first CI opening in New York in 1948. Over 100,000 people access these services annually.

Jackie and Cherry Lynn provided the following information:

- There is a need for this type of facility in the Greater Victoria area.
- Estimated mental illness costs the region \$600 million annually.
- Estimated \$31,000/year for services for a homeless person (policing, medical & psychiatric care, etc)
- Those with severe mental illness are over-represented in the homeless population and are often released from hospital or jail without proper community support in place.
- Depression and anxiety topped the list for chronic conditions in this area – 28.6% of the population.
- Current services provided are inadequate, existing programmes focus on temporary or clinical help, providing acute treatment rather than an on-going recovery programme to meet the needs of the person.
- Clubhouse International (CI) provides adults (18+) living with mental illness emergency services, giving clients respect, hope, and unlimited opportunity to access friendship, housing, education and employment – the same as everyone else.
- They spoke about their Vision and the Mission of Moms Like Us, indicating that the primary benefit of a CI would be to help those with a mental illness to stay out of hospitals and off the street, helping them to achieve social, financial and vocational goals.
- Existing CI's have had very positive results. For example:
  - Societal Return on Investment - Richmond's Clubhouse has proven it saves \$14 for every \$1 invested. Average cost for a member is \$40 compared to an acute bed at \$1,500.

- Higher Employment – Studies show CI's produce higher rates of employment than other programmes offered for people with mental illness.
- Reduced Hospitalization – In one study, the number of hospitalizations was reduced by a third and reduced the average number of hospital days by 70%.
- Reduced Incarceration – Involvement in the criminal justice system is greatly diminished during and after CI membership. Victoria's Police Department has seen a 356% increase in calls related to mental illness in a 5-year period.
- Improved Well-being – CI members are more likely to report they have close friendships and someone to rely on when they need help.
- They described their vision for a clubhouse in Greater Victoria, noting it will be a membership-based community where people can rebuild their lives. Members share ownership and responsibility for the success of the organization, working in partnership with staff, focusing on strengths rather than their illness.
- The CI environment provides acceptance, opportunities to socialize, access to employment.
- Memberships are for life and provide on-going support, with the belief that everyone can recover from the effects of mental illness and lead a satisfying and productive life.
- CI has a set of international standards for the development of new locations, together with a training and certification process.
- Most major cities in Canada have a CI. The Clubhouse needs to be in a central location on a main bus route, about 4,000 – 5,000 sq.ft, with kitchen and washroom facilities, and ideally a garden area.
- A list of projected revenue and expenses was provided indicating revenue would come from the Provincial Government and the Healthy Authority, foundations, donors, thrift stores, etc. (estimated at \$1,701,000 for 3 years).
- Expenses would include staff wages, lease of the building, utilities, equipment, maintenance, insurance, etc. (estimated at \$459,834 for 3 years).
- Other expenses, totaling an estimated \$250,819 for 3 years, include office supplies, internet, phone, CI Accreditation, food, accounting and legal services, vehicle rental, fund raising costs.
- **Total projected expenses, over 3 years, are estimated at \$1,699,316.**
- The mandate for the rehabilitation of the mentally ill lies with the Health Authorities.
- Vancouver Coastal Health Authority provides Richmond's CI with a \$1.3 m budget annually.
- Island Health provides funds to operate the CI in Port Alberni.
- With support from Island Health, the Victoria CI could be implemented in a short time.
- Once space is found, staffing and start-up requirements can be carried out in 2 months.
- They toured the Richmond facility, which has about 1,000 members, with a core membership of 300 who use the facility daily. There are 24 single one-bedroom suites at the facility, with 90 subsidies throughout the community.
- Justin Trudeau has also toured the Richmond facility.
- They have approached Island Health about the proposal; the response has not been positive. They have approached the Courtnall Society and made presentations to local Councils, again with no luck.
- CI is completely non-clinical; it focuses on the social connections and finding people's strengths.

SLF discussion noted:

- the organization has some funding from the Canadian Mental Health Association and there are monies yet to be donated.

- Moms Like Us is not incorporated as BC Charitable Society – which is why they are requesting assistance from the SLF to accept donations on their behalf and issue tax receipts to the donors, until they are in a position to become a charitable society.
- Fred plans to meet with Doug Henderson of Saanich Recreation & Community Services to determine what resources, if any, are available in Saanich.

The general consensus of the Foundation members was:

- to support Moms Like Us in any way we can, and accept charitable donations on their behalf, in accordance with our 3<sup>rd</sup> Party Agreements.
- It was difficult to understand the reluctance of Island Health to financially assist with the development of a CI in the Greater Victoria Area.
- The SLF and Moms Like Us web sites can be linked.
- Jackie to be requested to do a brief outline, in one or two short paragraphs, which can be posted on the SLF website's front page, linking to detailed information about the programme.

Jackie, Cherry Lynn and and Jill thanked the Foundation and left the meeting.

**MOTION: Moved by Philip Bisset-Covaneiro and Seconded by Claire Reynolds: “That the SLF support Moms Like Us by providing a web-link to the SLF and the momslikeus.ca site, and further that we accept donations on their behalf, in accordance with our 3<sup>rd</sup> Party Agreement.”**

**CARRIED**

## **Joel Conway – Fortress**

Joel thanked the SLF for its partnership over the past year, noting that \$14,500 in donations were processed through the Foundation, and for this Fortress is very grateful.

- Production on their first short film, “Aspirations” is complete; they are now in post-production and looking at ways to promote the film, which is intended to raise awareness of the sexual exploitation of children and youth.
- They are funded through the Justice Institute and Victims' Fund.
- He has been applying for grants, but some of the applications have a requirement to be a charitable organization, registered with the CRA – which Fortress is not at this time. He would like to note on the application that SLF is in partnership with Fortress.
- Last year, he applied for \$22,000 with the Victoria Foundation and was denied; he will try again, but thinks he will need help from the SLF.
- He will do the research and complete the applications, and asked if SLF can review the forms and sign the submission. He noted one of the grants has a deadline of this Friday.

In response to questions from the Foundation with respect to distribution of the film, he stated he hopes to get a massive buy-in due to a partnership with social media. While the intent is for at-risk youth to access the film for free, he doesn't want to put it on YouTube as that would limit our long-term growth. The film will be free for the target demographics through schools, church groups, etc.

Fred Haynes noted that Council recently passed a motion to improve awareness of human trafficking and sexual exploitation; this is also supported by the UBCM. Posters were put in our recreation centres but unfortunately parents thought the posters were promoting prostitution. He will pass along this information to Joel. Fred also noted that Saanich has a grant programme which may be successful for this project.

Joel asked if the SLF could review the grant application he has already prepared, due on Friday, provide feedback and sign on behalf of Fortress. Also, financials have to be provided. Kodi offered to review the application.

**MOTION:** Moved by Philip Bisset-Covaneiro and Seconded by Kodi Gibson: "That the SLF will make the grant application on behalf of Fortress, making the SLF the recipient of the grant, which if successful will be delivered to Fortress, in accordance with our 3<sup>rd</sup> Party Agreement."

CARRIED

## TREASURER'S REPORT

Barb stated:

- The \$5,000 cheque from the Carnival of the Arts Fund was delivered to Saanich Community Services to cover some of the cost of the Saanich Hall Memorial Wall Plaque, commemorating the 50<sup>th</sup> anniversary of the Hall.
- As per previous discussions, some SLF members feel that the Foundation should be recognized on the plaque for this donation. The money was being held in Trust by the SLF and could not be legally used unless it passed through a charitable organization. It has to be used for an arts-related project.
- We are still waiting to hear from Steve at the ROBP to deliver the \$7000 cheque for the Little Spirits Garden. Important that SLF get some good press from this.
- The Golden Arts Jubilee Fund has \$2,424 available this year for distribution. It has been a number of years since we have distributed funds; perhaps we could do 2 x \$1000 and leave the balance to accumulate for next year, or 2018. Distribution must be in agreement with the CRD Arts Fund (Mr. Lam).
- Discussion ensued regarding the possible need for an audit if we start to apply for grants on behalf of other organizations (such as Moms Like Us and Fortress). Some members noted the quoted cost for the audit (up to \$5000) seems ridiculous considering the current balance of our accounts.
- Suggested that if an audit or review is a requirement on a grant application for a 3<sup>rd</sup> party, the costs would be recovered from the grant. Although this doesn't help if the grant is unsuccessful. A motion was passed at the last meeting to hold off on any review or audit until there was a strategic need for this.
- Barb will check again with Frank Lee, our accountant, with regard to the fees.

**MOTION:** Moved by Philip Bisset-Covaneiro and Seconded by Kodi Gibson: That the treasurer's report dated January 15, 2016, be received."

CARRIED

- **GRANTS - none**
- **FUND RAISING PROJECTS – Kodi Gibson**

Kodi Gibson distributed the first draft outline for the fund raising project, which was based on Saanich's Environmental Awards, and asked for comments:

Discussion noted there were references throughout the document to Mayor and Council and Saanich staff – all these should be removed. The SLF has nothing to do with Saanich.

Noted there are no First Nations Community Awards, although right now there is no Band residing in Saanich. Perhaps we should reach out to them and see if there is any interest. Fred offered to set up a meeting.

Discussion ensued re basic criteria for the awards:

- the work that the person, business or group is being recognized for must be in Saanich; the actual recipient could live in another area.
- Noted that the SLF does not have funds/start up costs to initiate the event; Kodi advised this is where the sponsor, or sponsors, come in.
- We need a media sponsor – this would not result in actual funds – but give us promotion.
- Branding is essential.
- We could approach SCAN who could promote the event thru their newsletters.

CARRY for further discussion

\*\*\*\*Philip left the meeting at 6:20 pm\*\*\*\*

### ● **APLINE CLUB TRAIL RIDER – SLF LOGO**

Further to discussions at the last meeting, Isobel contacted Elite Sportswear for a cost estimate for the logo. No response has been received to date.

### ● **NOMINATIONS COMMITTEE FOR THE AGM, APRIL 2016**

We still need new members for the Board. A couple of the potential members suggested are still interested but this is not a good time for them personally. They would be excellent additions to the Board and it is hoped that when the time is right they will accept a position on the SLF.

Agreed that Barb, Paul, Fred and Isobel will get together to come up with some potential new members.

### ● **BEACH VOLLEYBALL ASSOCIATION**

- Fred advised that the group cannot meet the criteria from the School Board, who want the funds up-front for this project, even before official approval is granted.
- The Volleyball Club has about 400 members and to date \$1,500 has been raised. With that many members, it seems a low amount. Even \$20 per member is \$8,000.
- The group is now asking Saanich to find some land where they could establish sand courts.
- Paul DeGrief has met with Doug Henderson about this. If the project was completed in conjunction with Saanich, community consultation would be a big part of it – and that could have some issues.
- To go through the School Board, the group needs to step up their fund raising – but there would not be the requirement for community consultation – so this may be the better option.

### **THIRD PARTY PROJECTS**

**Coffee for Kids:** Even though Bob Elder is recovering from a stroke, C4K is still functioning. Not sure whether he will be able to continue with the project.

**Take Heart and KidsFUNd:** No new funds received last month

**LSG:** As discussed earlier, there is almost \$7,000 to distribute; waiting for Steve Olsen to get back to us. Suggested that the w.end before Mother's Day would be a good opportunity to present the cheque.

**NEXT MEETING:** The next meeting will be February 16, 2015.

**Adjournment:** On a motion from Claire Reynolds, the meeting adjourned 6:40 pm.

I hereby certify these Minutes are an accurate and true recording of the Meeting.

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Isobel Hoffmann - Recording Secretary

**\*\*\*Note: AGM April19, 2016\*\*\***



**SAANICH LEGACY FOUNDATION**  
**Committee Room No. 2 – 770 Vernon Avenue**  
**Tuesday, February 16, 2016, 4:45 pm**

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Present: Barb Klassen, Acting President & Treasurer in the Chair; Philip Bisset-Covaneiro, Vice President; Isobel Hoffmann, Recording Secretary; Kodi Gibson, Claire Reynolds, Directors. Fred Haynes, council Liaison;

Guests: Andrea Calder

Minutes: **Moved by Kodi Gibson and Seconded by Philip Bisset-Covaneiro: “That the minutes of the meeting held October 20, January 19, 2016 be adopted as circulated.”**  
**CARRIED**

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**PRESIDENT'S REPORT – Barb Klassen**

- Barb met recently with the Victoria Foundation regarding the Golden Jubilee Endowment Fund; VF have been talking to the CRD, who currently manages the fund, and they want to hand it over to the SLF. Presently, the CRD has to approve a grant recipient. We have almost \$2,000 to disburse.
- Bob Elder may be leaving the Coffee for Kids group; he indicated interest in joining the SLF Board.

**TREASURER'S REPORT – Barb Klassen**

- Copies of the Treasurer's Report were circulated, including the annual summary report, which shows our financial records from 2010 to 2015. She will meet shortly with Frank Lee, our accountant, regarding the Year End Report.
- Barb stated she met with Saanich staff to discuss **Music in the Park**; Jason has taken over from Julie this year and he advised he will make sure SLF is happy with the partnership for 2016.
- Discussion noted we cannot afford to sponsor MIP for the usual \$8000 again this year – and SLF did not get the recognition it deserved; we had to almost fight to get 5 minutes on the stage to let the audience know SLF sponsored the event.
- Noted that there will be a new Director of Parks and Recreation soon; we should arrange a meeting with him to discuss MIP and the future involvement of SLF in the programme and other Saanich events.
- Agreed we can provide a maximum of \$4,000 this year for MIP. No official request received to date.
- Regarding the Treasurer's report for the past month, Barb noted we have about \$14,000 in the bank, plus our term deposits. \$6,500 of that is available for disbursement.
- More money was received through Philip from the **Golf Tournament** last July, for a total of \$5,000. Hopefully we can budget for that each year. He will be asking Investors Group for some funding as well.
- Philip noted that the Golf Tournament should be self-sustaining from now on. He is still looking for a 50% partner in the West Shore Chamber of Commerce. Last year, \$16,000 was raised.

**Moved by Philip Bisset-Covaneiro and Seconded by Kodi Gibson: “That the Treasurer's report dated February 15, 2016 be received.”**

**CARRIED**

## GRANTS - none

## PRESENTATIONS – none

### FUND RAISING PROJECTS – Kodi Gibson

- Further to comments from the Board at the last meeting, he made changes to the guidelines for the proposed Awards Gala in September, taking out references to Mayor and Councillors and Saanich.
- No sub-committee meeting has been held; he hopes to get together within the next week or so. Claire, Fred and Isobel have offered to help.
- In discussing the project with Fred Haynes, it was suggested rather than the Couvelier Pavilion at HCP, we hold the event in one of Saanich's venues, perhaps we may get a good rate.
- We will have a tight budget.
- Suggested we could involve some partners to help reduce costs: Saanich Volunteer Services; highschool students (credit programmes); Rotary Club – perhaps as a full partner.
- More information at the next meeting after the sub-committee meets.

### BUSINESS ARISING (January 19)

- **Moms Like Us:** Fred noted he was going to see the Richmond Clubhouse with the Moms Like Us Group; we should work on a press release on the project.
- Isobel has been working with Jackie Powell from MLU and Adam, our webmaster, re a page on our website with a donate now button, and links to MLU website. MLU will also have a link to the SLF website.
- **Alpine Club Trail Rider** – Isobel advised she is still waiting on word back from Elite Sportswear regarding the cost of a fabric logo to put on the Trail Rider.

### NOMINATIONS COMMITTEE – AGM APRIL 2016

Board membership is low at present; 4 or 5 probable new members to join in April. In the meantime, decisions have to be made re executive for the coming year. Both Barb and Isobel's official terms expire in April, but they indicated they could stay on in an interim capacity for the roles of Treasurer and Secretary respectively, with the hopes that some of the new members would be able to take on these responsibilities. Kodi and Phil have agreed to take the positions of President and Vice-President accordingly. Paul McKivett will be rejoining the Board in April and he had offered to assist with either the Treasurer or Secretarial positions.

MOTION: Moved by Philip Bisset-Covaneiro and Seconded by Kodi Gibson: "That the terms for Barb Klassen as Treasurer and Isobel Hoffmann as Secretary be extended until we have qualified candidates on the Board to assume these positions, the extension not to exceed the period of one year."

CARRIED



### 3<sup>rd</sup> PARTY PROJECTS

- **Coffee for Kids:** Money is still being received for this project. Bob Elder has noted that the coffee part of the project is becoming expensive and they are looking for another fund-raiser. As noted earlier, Bob is thinking of giving up his position with Coffee for Kids.
- **Little Spirits Garden:** Still waiting for Steven Olsen of the Royal Oak Burial Park to get back to us re presentation of the cheque, which is now around \$7,000. Important that SLF get some press. Cannot understand the lack of interest from ROBP in this case.
- **Take Heart** - \$3,000 was donated last year and used to purchase equipment.
- **KidsFUNd** – Money comes in on a regular basis from Saanich and the Firefighters and it is disbursed by Saanich Community Services.
- **FUEL** has been a little quiet, not as much money coming in on a regular basis. Barb will discuss with Jason at Saanich Community Services.

### WEBSITE/SOCIAL MEDIA – Kodi Gibson

Kodi advised he has not made any progress on the Social Media aspect; this was mentioned at the January meeting by Joel Conway from Fortress. He will wait until we have some new projects to launch.

Adam Flint, our webmaster, has been asked to post an information item and arrange for a donate now button for Moms Like Us. Working with Jackie Powell from MLU on this; she is providing the information for the website. Radar Hill has been asked to do the Donate Now button. Assuming there will be a small fee for this work.

### BOARD RECRUITMENT

Paul McKivett is returning the Board after a year hiatus. Others who have expressed interest in joining the Board are Bob Elder, Joel Conway – both of whom are involved in our 3<sup>rd</sup> party projects – Coffee for Kids and Fortress. Fred suggested that re our 3<sup>rd</sup> Party Projects, we should ask that a representative from that organization sit on our Board (ie: Jackie Powell).

Others who have expressed interest are Bill Milliken, Andrea Calder, Andrea Paquette, and Remy ?, who helped SLF about 8 years ago when he was a UVIC student. Fred noted he has a few more people to contact and will let the Secretary know.

Andrea Calder was present at the meeting and provided some background information, noting she is currently President of the Saanich Chapter of the Canadian Parents for French Immersion.

**NEXT MEETING:** The regularly scheduled meeting in March falls during spring break; a couple of the members will be out of town. Agreed the next meeting will be April 19, 2016, immediately following the AGM..

Adjournment: On a motion from Claire Reynolds, the meeting adjourned 5:50 pm.

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